

Summary of COVID risk associated instructions for Chippy Green Gym volunteers (Updated to Sept 26 2020)

Health

Stay at home if you or anyone in your household is unwell, with coronavirus or undiagnosed symptoms. If you feel unwell during a work session, describe your symptoms to the team leader and go straight home.

Attendance

Working group numbers will be limited according to government regulations and instructions currently in force. More than one site may be worked at simultaneously, to maintain acceptable volunteer team sizes. See "working conditions", below. If you wish to attend a session, **contact the relevant team leader** shown on the programme **by the Monday before**, at the latest. If you then find you can't attend for any reason, let the leader know as soon as possible.

What to bring

1. Wherever possible, your own tools and equipment, as instructed by the leader. Where necessary, sanitised tools will be provided. Tools may be loaned out where feasible.
2. Your own gloves, and wear them whenever possible.
3. Your own hand sanitiser and refreshments if you wish (none provided).

Travel to the site

Where possible, walk or cycle there. Don't share a car with members of other households, and use public transport only as a last resort.

Working conditions

Follow the team leader's instructions closely. In general, observe **two-metre distancing at all times**. Any exceptions, such as for members of one household to work together, will be allowed only with the team leader's permission. As a rule, no more than six people will be on site, but a large site may be split in two, each team having a leader present, when this complies with government instructions and is otherwise safe to do so.