

An additional risk assessment was prepared to guide Green Gym sessions during the Covid-19 pandemic. It is updated as required in line with Government recommendations and requirements and advice from TCV. For the latest official guidance please visit the NHS website, [here](#).

This Risk Assessment operates alongside site-specific risk assessments. The advice and instructions below are valid until further notice.

Health

Stay at home if you or anyone in your household is unwell, with coronavirus or undiagnosed symptoms. If you feel unwell during a work session, whether or not you suspect Coronavirus symptoms, tell the team leader, go straight home, avoiding contact with others, and consider taking a lateral-flow test. It is also important to contact the Team Leader as soon as possible if you become unwell after attending a session.

Booking

Members do not need to pre-book attendance at a session.

However, as has always been the case, it is in general helpful to let the leader know whether you aim to attend, or otherwise. Typically, this is done, where possible, during the previous session. The leader will then, for example, have a better idea as to what shared tools to take to the worksite.

What to bring to a work session

Members should bring their own **tools**, as indicated in the programme or instructed by the Team Leader, prior to each session. Tools will be loaned to members where necessary. Tools that need to be shared will be sanitised prior to use and at the end of each session.

Members must bring their own **gloves**, and their own hand **sanitiser** to clean their hands as necessary during a session, especially where tools are being shared. **Refreshments**: none will be provided, so bring your own if you wish.

Working on and travelling to the site

Please bear in mind that some members may consider that they would be more at risk than others if they became infected by the virus, and will be hesitant about close social contact.

In summary, the NHS say:

- >get vaccinated
- >limit the number of people you meet and avoid crowded places
- >wear a face covering when it's hard to stay away from other people – particularly indoors or in crowded places, such as public transport
- >wash your hands with soap and water or use hand sanitiser regularly throughout the day
- >Don't touch your eyes, nose or mouth if your hands are not clean

For Team Leaders/First Aiders

When accessing the Tool Store Team Leaders will need to comply with the Cotswold Wardens' Covid 19 guidance on the use of this shared facility. Hand sanitiser is available at the store.

Emergencies take preference over Covid 19 safety action. **First Aid** should be administered if possible at a safe distance from the casualty. First Aid kits now additionally include surgical gloves, hand sanitiser, facemasks and an apron.

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