



Minimising Covid-19 associated risks at Green Gym sessions

Updated June 28, 2021

An additional risk assessment was prepared to guide Green Gym sessions during the Covid-19 pandemic. It has been updated as required in line with Government guidance and advice from TCV. The advice will be kept under review and amended where necessary in line with the Government regulations in force. The advice and instructions below are valid until further notice.

This Risk Assessment operates alongside site-specific risk assessments.

Health

Stay at home if you or anyone in your household is unwell, with coronavirus or undiagnosed symptoms. If you feel unwell during a work session, whether or not you suspect Coronavirus symptoms, describe them to the team leader and go straight home, avoiding contact with others. It is also important to contact the Team Leader as soon as possible if you become unwell after attending a session.

Booking

Members will no longer need to pre-book attendance at a session. However, as has always been the case, it is in general helpful to the leader if volunteers indicate their intention to attend or otherwise - typically, this has been done, where possible, during the previous session. The leader will then, for example, have a better idea as to what shared tools to take to the worksite.

What to bring to a work session

Members should bring their own **tools**, as indicated in the programme or instructed by the Team Leader, prior to each session. Tools will be loaned to members where necessary. Tools that need to be shared will be sanitised prior to use and at the end of each session.

Members must bring their own **gloves** and these should be worn whenever possible, especially where shared tools are in use. Members should bring their own hand **sanitiser** to clean their hands as necessary during a session. **Refreshments**: none will be provided, so bring your own if you wish.

Working on site

As a rule, a 2-metre working distance should be maintained on site; government advice currently refers to a "1-metre-plus" minimum. Where sites are open to the public, members should endeavour to ensure that distance is maintained between themselves and members of the public. On busy sites members may need to work away from paths used by the public. Research now shows that airborne transmission is far more likely than transmission through touching contaminated surfaces, but that remains a factor.

For Team Leaders/First Aiders

Team Leaders will keep a list of the names of those who attend the session together with contact details. Team Leaders will display a Covid 19 poster at the entrance to session sites. When accessing the Tool Store Team Leaders will need to comply with the Cotswold Wardens Covid 19 guidance on the use of this shared facility.

Emergencies take preference over Covid 19 safety action. **First Aid** should be administered if possible at a safe distance from the casualty. First Aid kits will now additionally include surgical gloves, hand sanitiser, facemasks and an apron.

Travelling to the worksite

Walk or cycle where possible. Private vehicles may be shared by members of different households but where a lift is offered, the importance of ventilating the vehicle with fresh air should be borne in mind; the use of masks is at the discretion of the driver, but passengers should check with the driver regarding this. Public transport should only be used where no alternative is available.

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