



Why not join  
your local  
conservation  
volunteers?



# You can make a difference!



**CHIPPING  
NORTON**

**GREEN  
GYM®**



We meet every Wednesday, 10 till 1

Free membership      Jobs for all

No experience needed: training given

Lifts may be available



More information at  
[www.chippygreengym.org](http://www.chippygreengym.org)  
Tel. 01608 643 269




# One of our community projects




## FITZALAN WOOD

PLANTED IN 2014-15 BY CHIPPING NORTON GREEN GYM  
WITH HELP FROM LOCAL SCHOOL CHILDREN

 *promotes well-being and is recommended by GPs nationwide*

 **enjoy** working as a team

 **be active** and keep fit

 **learn** new skills (those with learning difficulties very welcome)

 **give** by working for the environment

Want to give it a try? You can email us  
via [www.chippygreengym.org](http://www.chippygreengym.org)  
or phone us on **01608 643 269**



*Supported by*

Chipping Norton  
Town Council

