

Enjoy nature and keep fit with ...



**CHIPPING
NORTON**

**GREEN
GYM®**

Your local conservation volunteers



Scrub clearance at the Glyme Valley nature reserve

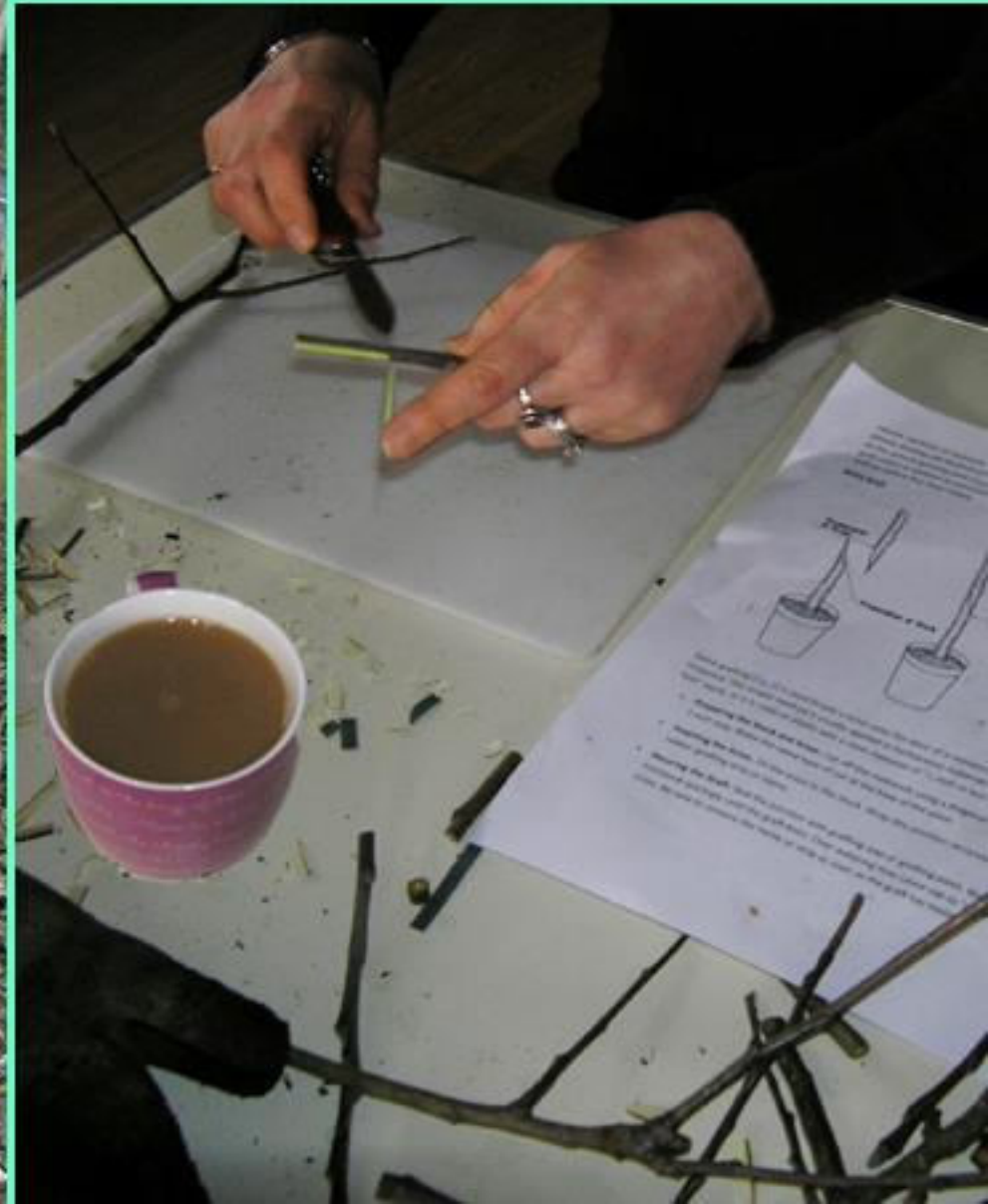
- 🌳 We meet all year, on Wednesdays from 10 to 1
- 🌳 Membership is free 🌳 There are jobs for all
- 🌳 No previous skills needed 🌳 Training offered
- 🌳 We welcome those with learning difficulties
 - 🌳 Lifts to worksites are often available

Visit **www.chippygreengym.org** to find out more



Help us make
a difference →

Learn skills like fruit tree grafting and hedgelaying



have planted nearly
one thousand trees



GREEN GYM[®] promotes physical and mental well-being and is recommended by GPs everywhere.



Coppicing hazel at William Fowler Wood



We are
supported by

Chipping Norton
Town Council



and affiliated to
national charity



Native wildflowers where we work

Interested in joining the team and giving it a try?
Then **email us via www.chippygreengym.org**
You'll get a warm welcome – rain or shine!



Tea-break time at the future Hawkyard Copse